
OPSYRIS 2016

Organisation for Psychological Research Into Stroke

Tuesday 4th October 2016
University of Central Lancashire, Preston
Boardroom (AB226), Adelphi Building

PROGRAMME

9:45-10:15 Registration and refreshments

10:15-10:20 Welcome from OPSYRIS Chair – *Caroline Watkins (UCLan)*

10:20-10:40 Optimising psychoeducation for transient ischaemic attack and minor stroke management (OPTIMISM) – *Eirini Kontou (University of Nottingham)*

10:40-11:00 Vision loss after stroke – *Phil Clatworthy (North Bristol NHS Trust)*

11:00-11:20 Accelerating delivery of psychological therapies after stroke (ADOPTS) – *Emma-Joy Holland (UCLan)*

11:20-11:35 Refreshment break

11:35-11:55 Screening for cognitive issues in the hyper-acute stroke unit – *Terry Quinn (University of Glasgow)*

11:55-12:15 Listening for leisure after stroke: a feasibility randomised controlled pilot trial of music listening and brief mindfulness training – *Satu Baylan (University of Glasgow)*

12:15-12:35 The Nottingham fatigue after stroke (NotFAST) study – *Louise Hawkins (University of Nottingham)*

12:35-13:20 Lunch buffet

13:20-13:35 Poster presentations

POSTER A: Health professionals' experience of diagnosing and managing stroke patients with cognitive impairment: a qualitative study – *Verity Longley (University of Manchester)*

POSTER B: Promoting confidence and reducing anxiety after stroke: a feasibility study of tailored relaxation techniques delivered on a DVD – *Suzie Xu Wang (Leeds Beckett University)*

13:35-13:55 Adapting solution focused brief therapy for people with post-stroke aphasia – *Sarah Northcott (City, University of London)*

13:55- 14:15 Cognitive rehabilitation for memory deficits after stroke – *Heather Cogger (University of Nottingham)*

14:15-14:35 New recommendations for psychological support in the national clinical guideline for stroke – *Audrey Bowen (University of Manchester)*

14:35-14:50 Refreshment break with OPSYRIS business meeting

14:50- 15:10 CommuniCATE Project: researching technologies in aphasia therapy – *Celia Woolf (City, University of London)*

15:10-15:20 Closing remarks from OPSYRIS Chair and prize giving – *Caroline Watkins*

15:20 Close
