OPSYRIS 2016
Organisation for Psychological Research Into Stroke

Tuesday 4th October 2016
University of Central Lancashire, Preston
Boardroom (AB226), Adelphi Building

PROGRAMME

9:45-10:15  Registration and refreshments

10:15-10:20  Welcome from OPSYRIS Chair – Caroline Watkins (UCLan)

10:20-10:40  Optimising psychoeducation for transient ischaemic attack and minor stroke management (OPTIMISM) – Eirini Kontou (University of Nottingham)

10:40-11:00  Vision loss after stroke – Phil Clatworthy (North Bristol NHS Trust)

11:00-11:20  Accelerating delivery of psychological therapies after stroke (ADOPTS) – Emma-Joy Holland (UCLan)

11:20-11:35  Refreshment break

11:35-11:55  Screening for cognitive issues in the hyper-acute stroke unit – Terry Quinn (University of Glasgow)

11:55-12:15  Listening for leisure after stroke: a feasibility randomised controlled pilot trial of music listening and brief mindfulness training – Satu Baylan (University of Glasgow)

12:15-12:35  The Nottingham fatigue after stroke (NotFAST) study – Louise Hawkins (University of Nottingham)
**12:35-13:20**  Lunch buffet

**13:20-13:35**  Poster presentations

- **POSTER A:** Health professionals’ experience of diagnosing and managing stroke patients with cognitive impairment: a qualitative study – Verity Longley *(University of Manchester)*

- **POSTER B:** Promoting confidence and reducing anxiety after stroke: a feasibility study of tailored relaxation techniques delivered on a DVD – Suzie Xu Wang *(Leeds Beckett University)*

**13:35-13:55**  Adapting solution focused brief therapy for people with post-stroke aphasia – Sarah Northcott *(City, University of London)*

**13:55- 14:15**  Cognitive rehabilitation for memory deficits after stroke – Heather Cogger *(University of Nottingham)*

**14:15-14:35**  New recommendations for psychological support in the national clinical guideline for stroke – Audrey Bowen *(University of Manchester)*

**14:35-14:50**  Refreshment break with OPSYRIS business meeting

**14:50- 15:10**  CommuniCATE Project: researching technologies in aphasia therapy – Celia Woolf *(City, University of London)*

**15:10-15:20**  Closing remarks from OPSYRIS Chair and prize giving – Caroline Watkins

**15:20**  Close