



Organisation for Psychological Research into Stroke (OPSYRIS)

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OPSYRIS: the origins

- Conceived in 2002 in Birmingham, England
- Born as **PSYRIS** 2002 in Nottingham, England
- Aim: to develop knowledge about psychological factors in stroke and treatment approaches for patients and carers
- Mechanism: a **psychologists'** group would encourage research

OPSYRIS: the development

- Annual meetings in England and Wales
- 10th anniversary in Birmingham in 2012
- Recently morphed into the more inclusive **OPSYRIS**, recognising multidisciplinary responsibility for psychological care

OPSYRIS: objectives (2008)

- Provide a network of researchers to enable communication to the mutual benefit
- Provide a forum at which research ideas, however early, may be considered to improve their quality
- Provide a vehicle for early dissemination of findings to improve subsequent reporting
- Lobby for research funds to be made available for psychological research into stroke
- Raise awareness/support evidence based practice in the application of psychological knowledge to stroke services
- Consult and teach about psychological research and psychological aspects of researching in stroke

2012	OPSYRIS Programme
Patchick	Developing a comprehensive, patient-centred outcome measure to evaluate the effectiveness of cognitive rehabilitation after stroke
Hallam	Variables associated with posttraumatic growth in people caring for a spouse who had suffered a stroke
Quinn	Spousal experiences of coping with and adapting to care-giving for a partner who has a stroke: a meta-synthesis of qualitative research
Morris	Psychological needs of community-living stroke patients
Lincoln	Cost-effectiveness of behavioural therapy for stroke patients with aphasia
Bowen	Evidence for the cognitive rehabilitation of spatial neglect
Harrison	Patients', carers' and health professionals' experiences of the psychological support provided following a stroke: a qualitative study
Auton	Motivational Intervening post stroke: exploring adjustment mechanisms

OPSYRIS: the immediate future

Next meeting: 20th Sept 2013 Nottingham

- Deadline for abstracts: 30th June
- Cheap (£25) & Bursary: students, assistants or people with no income

OPSYRIS symposium at WCNR 2014

'Promoting psychological well-being in people with post-stroke aphasia'

OPSYRIS: the longer term

- Should we expand from our UK focus to an international one?
- Membership: free, email list, 143 members, 3 non UK, ~70% psychologists, 10% students
- Should we merge with other SIGs e.g. Cog Neurorehab? Neuropsych Rehab?
- Should we have joint meetings?